

Paper Reference(s) 4ES1/02  
Pearson Edexcel International GCSE

English as a Second Language  
Paper 2: Listening

Total Marks
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Time: 55 minutes plus your additional time allowance

In the boxes below, write your name, centre number and candidate number.

Surname					
Other names					
Centre Number					
Candidate Number					

**YOU MUST HAVE**

**Nil**

**YOU WILL BE GIVEN**

**Text Booklet**

**INSTRUCTIONS**

**Check that you have the correct question paper.**

**You will have time at the beginning of each part to read the questions before you hear the recording.**

**You will hear each recording twice.**

**Answer ALL questions.**

**Answer the questions in the spaces provided – there may be more space than you need.**

**Dictionaries may NOT be used in this examination.**

**Turn over**

## **INFORMATION**

**The total mark for this paper is 40.**

**The marks for EACH question are shown in brackets – use this as a guide as to how much time to spend on each question.**

## **ADVICE**

**Write your answers clearly and neatly.**

**Read each question carefully and keep to the word limits given.**

**Try to answer every question.**

**Provided that your answers can be understood, marks will not be deducted if you spell words incorrectly. However, your answers should be grammatically correct.**

**PART 1**

**Answer ALL questions in this part.  
Write your answers in the spaces  
provided.**

## SECTION A

**In this section, you will hear five short extracts in which people are talking about their volunteering activities.**

**Read the list of activities in the Text Booklet, then listen to the extracts.**

**For each question, 1–5, identify which activity (A–H) is being described by each speaker by marking a cross for the correct answer ☐. If you change your mind about an answer, put a line through the box ☒ and then mark your new answer with a cross ☐.**

**Look at the list of activities for Questions 1–5 in the Text Booklet. Not all activities are described and each activity may be used more than once.**

**One mark will be awarded for each correct answer.**

**Turn over**

**1 Speaker 1**  
**(1 mark)**

☐ **A**

☐ **B**

☐ **C**

☐ **D**

☐ **E**

☐ **F**

☐ **G**

☐ **H**

**2 Speaker 2**  
**(1 mark)**

☐ **A**

☐ **B**

☐ **C**

☐ **D**

☐ **E**

☐ **F**

☐ **G**

☐ **H**

**3 Speaker 3**  
**(1 mark)**

☐ **A**

☐ **B**

☐ **C**

☐ **D**

☐ **E**

☐ **F**

☐ **G**

☐ **H**



**4 Speaker 4**  
**(1 mark)**

☐ **A**

☐ **B**

☐ **C**

☐ **D**

☐ **E**

☐ **F**

☐ **G**

☐ **H**

**5 Speaker 5**  
**(1 mark)**

☐ **A**

☐ **B**

☐ **C**

☐ **D**

☐ **E**

☐ **F**

☐ **G**

☐ **H**

## SECTION B

**In this section, you will hear a person giving advice about becoming a volunteer.**

**For Questions 6–10, listen and answer the questions below. Write no more than THREE words for each answer.**

**One mark will be awarded for each correct answer.**

- 6 What is one of the activities you could help with as a volunteer?  
(1 mark)**

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- 7 What can the Royal Volunteer Service advise you on finding?  
(1 mark)**

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- 8 How many hours are you expected to work?  
(1 mark)**

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- 9 Who might choose to volunteer?  
(1 mark)**

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**10 What is one of the things you give to your community when you volunteer?  
(1 mark)**

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**(Total for Part 1 = 10 marks)**

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## **PART 2**

**Answer ALL questions in this part.  
Write your answers in the spaces  
provided.**

**In this part, you will hear a person giving  
advice on how to get a good night's sleep.**

**For Questions 11–18, listen and  
complete the notes. Write no more  
than THREE words for each answer.**

**One mark will be awarded for each  
correct answer.**

# Why sleep is important

## Introduction

We need a good night's sleep because it is as

(11) \_\_\_\_\_  
as exercise or healthy eating.  
(1 mark)

The type of life we lead in today's

(12) \_\_\_\_\_  
has worsened the quality of our sleep.  
(1 mark)

One way to stop you worrying about the  
following day and helping you to relax is by

(13) \_\_\_\_\_ .  
(1 mark)

## Technology, your bedroom and you

**You should switch off your electronic devices**

**(14) \_\_\_\_\_**  
**before going to bed.**  
**(1 mark)**

**Keeping your bedroom tidy will provide you with a**

**(15) \_\_\_\_\_**  
**space for sleeping in.**  
**(1 mark)**

**Instead of worrying about not going to sleep try to think about**

**(16) \_\_\_\_\_ .**  
**(1 mark)**



## Healthy eating and sleep

There are

(17) \_\_\_\_\_  
in foods such as tofu that help you sleep.  
(1 mark)

One of the worst types of food you can  
have before bedtime is

(18) \_\_\_\_\_  
as it produces an energy boost at the  
wrong time.  
(1 mark)

**Questions 19 and 20 must be answered with a cross in a box ☒.**  
**If you change your mind about an answer, put a line through the box ☒ and then mark your new answer with a cross ☒.**

**19 What does the speaker think about keeping to a routine?  
(1 mark)**

- ☐ **A It is only for babies and children.**
- ☐ **B You might find it difficult to get used to.**
- ☐ **C It helps you fall asleep more naturally.**
- ☐ **D You do not need an alarm clock to wake you.**

**20 What does the speaker say about getting a good night's sleep?  
(1 mark)**

- ☐ **A We may not get enough sleep because of light pollution.**
- ☐ **B A good night's sleep is not as important as healthy eating.**
- ☐ **C Physical activity is more important than sleeping.**
- ☐ **D We should always get up at sunrise.**

**(Total for Part 2 = 10 marks)**

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## **PART 3**

**In this part, you will hear an interview with a journalist who has decided to give up using her mobile phone.**

**For Questions 21–25, listen and answer the questions. You do not need to write in full sentences.**

**One mark will be awarded for each correct answer.**

### **Interview with a journalist**

- 21 What is the main topic the programme discusses each fortnight?  
(1 mark)**

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**22 Why has the presenter decided to launch a 'Smartphone Free Fortnight'?**  
**(1 mark)**

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**23 How does Jane arrange to meet a friend?**  
**(1 mark)**

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**24 Why does the presenter think Jane's decision to give up her smartphone is unusual?**  
**(1 mark)**

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**25 How did Jane feel once she stopped relying on her smartphone?  
(1 mark)**

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**Questions 26–30 must be answered with a cross in a box ☒. If you change your mind about an answer, put a line through the box ☒ and then mark your new answer with a cross ☒.**

**26 What did Jane's friends think about her decision?  
(1 mark)**

- ☐ **A She was quite right to stop using her smartphone.**
- ☐ **B It would be impossible to get in touch with her.**
- ☐ **C That she was making a very big and foolish mistake.**
- ☐ **D They envied her courage in making that decision.**

**27 Why did Jane think it was time to stop using her smartphone?  
(1 mark)**

- ☐ **A She would only turn her smartphone off at night.**
- ☐ **B She felt she was becoming addicted to it.**
- ☐ **C She was becoming too involved with social media.**
- ☐ **D She found having the smartphone switched on disturbed her sleep.**



**28 Why is the presenter surprised by Jane's life without a smartphone?  
(1 mark)**

- ☐ **A Jane is coping very well without the smartphone.**
- ☐ **B The presenter finds it easy to contact Jane.**
- ☐ **C Jane has lost touch with most of her friends.**
- ☐ **D The presenter knew Jane's decision would not work.**

**29 How does Jane think her life has changed for the better?  
(1 mark)**

- ☐ **A She can choose which friends to see and when.**
- ☐ **B She feels she is once more connected to the real world.**
- ☐ **C She is much less stressed at work.**
- ☐ **D She has time for things such as the theatre and eating out.**

**30 What kind of challenge has the presenter given the listeners?  
(1 mark)**

- ☐ **A To give up using their smartphones forever.**
- ☐ **B To try going without a smartphone for the next two weeks.**
- ☐ **C To avoid using social media for getting in touch with friends.**
- ☐ **D To text the radio station to tell them how they did.**

**(Total for Part 3 = 10 marks)**

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## **PART 4**

**In this part, you will hear an extract from a scientific radio programme about unusual animal behaviour.**

**For Questions 31–40, listen and complete the sentences below.  
Write no more than THREE words for each answer.**

**One mark will be awarded for each correct answer.**

## Introduction

**31 The writer was reporting from a city that was about to experience a**

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**(1 mark)**

**32 Birds, because their routine was disrupted, started to show**

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**(1 mark)**

**33 The regular moon cycle tells animals when they need to be**

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**for food.  
(1 mark)**

## **Effects of cosmic events on animals**

### **Animals during solar eclipses**

**34 Scientists believe animals, that are**

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**during the night, think they  
have overslept.  
(1 mark)**

**35 After an eclipse some animals, such as  
the hippopotami, seemed**

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**for the rest of the day.  
(1 mark)**

## **Animals during lunar eclipses**

**36 Scientists do not fully understand the**

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**a lunar eclipse has on animals.  
(1 mark)**

**37 A species of nocturnal monkey might  
feel too**

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**to look for food among trees.  
(1 mark)**

## Myths and beliefs

**38 Recent scientific research has discovered how certain birds respond to**

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**(1 mark)**

**39 Over the years,**

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**has always been fascinated by our relationship with the moon.**

**(1 mark)**



**40 Scientists believe that there is no**

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**that the lunar cycle affects  
human behaviour.**

**(1 mark)**

**(Total for Part 4 = 10 marks)**

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**TOTAL FOR PAPER = 40 MARKS  
END**